



# Cannabis & Pregnancy

Using cannabis (marijuana, THC, weed) while you're pregnant can be harmful to you and your baby. Staying away from substances is one of the best ways to keep you both safe and healthy.



## High Risks: Why Cannabis and Pregnancy Don't Mix

### Risks for Your Baby's Health



Low birth weight and higher risk of stillbirth



Higher chance of being born too early, especially when you use both cannabis and nicotine during pregnancy



Increased risk of gestational diabetes; affecting how the body processes sugar and reduces insulin sensitivity

### Risks for Your Health



Permanent lung injury from using both marijuana and cannabis

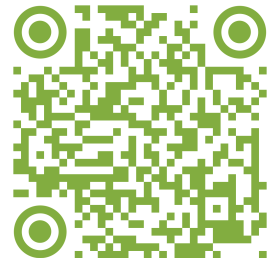


Impaired judgment and dizziness, putting you at risk of falls or injuries

Too Many Unknowns—Avoid Cannabis During Pregnancy



MORE INFO



BarryCountySATF.com

**B E T H E C H A N G E**

If you need help quitting marijuana, talk with your OB-GYN or visit

**BarryCountyRecovery.com**