

2018 Barry County Substance Abuse Breakdown MI Profile for Healthy Youth Survey



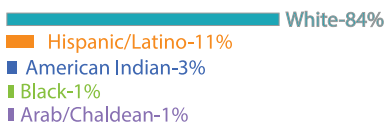
The MI Profile for Healthy Youth (MIPHY) is a confidential survey for 7th, 9th, and 11th grade students. The MIPHY measures student protective factors, substance abuse risk, and other health behaviors.

Barry County Substance Abuse Task Force
"Working Together for a Drug Free Community"

GENDER



RACE

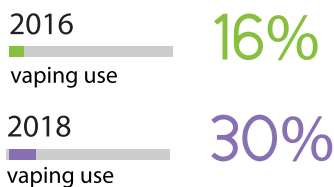


GRADE



The mission of the Barry County Substance Abuse Task Force (SATF) is to prevent, reduce, and address the consequences of existing and emerging substance use and abuse issues through collaborative efforts for youth and adults in our community.

VAPING



While smoking cigarettes has gone down among teens, vaping has nearly **doubled** across all reported grades from 16% in 2016 to 30% in 2018.

TOBACCO



93% of Barry County youth **have not smoked** cigarettes in the past 30 days.

43% of Barry County youth **have been exposed** to secondhand smoke in the past 7 days.

MARIJUANA



40% of students **perceive marijuana as harmful**.

27% of students **tried marijuana** in their lifetime.

Students reported the **lowest perception of harm for marijuana use compared to previous surveys.**

RX DRUG ABUSE



Compared to 2016, there is a slight decrease in Rx Drug use over time.

96% of students **did not take painkillers** such as Oxycontin, Codeine, Percocet, or Tylenol without a doctor's prescription in the past 30 days.

Parents can be the biggest protective factor in their child's life. Talk to your child's doctor about safer alternatives to painkillers, the risks of becoming addicted and how their medication will affect their daily life and health.

ALCOHOL



83% of students **have not had alcohol** in the past 30 days.

Students reported the **lowest rates for ever being drunk and past 30 day alcohol use.**

MENTAL HEALTH



38% of students **felt sad or hopeless** almost every day for 2 weeks or more in a row that they stopped doing usual activities during the past 12 months.

7th grade students reported the highest rate of contemplating or attempting a suicide within the past 12 months compared to previous years.

Positive Parenting Prevents Substance Abuse

Research shows positive parenting has a significant impact on youth. By talking openly with your children about the risks of substance use and staying actively engaged in their lives, you can help protect their future. Visit talksooner.org to learn more about how to start conversations with your kids.

Our county gets better not by chance, but by *change*

BE THE CHANGE

bethechange.barrycountysatf.com

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